

A stylized world map in shades of blue, centered on the Atlantic Ocean, serving as the background for the title text.

What is Toastmasters?

TOASTMASTERS
INTERNATIONAL®

Facts

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INTERNATIONAL®

Facts & Figures

- Established in 1924
- More than 250,000 members worldwide
- More than 12,000 clubs in 106 countries around the world



How Does Toastmasters Work?

- Learn-by-doing workshop
- Weekly practice where you will:
 - Fill meeting roles
 - Give prepared or impromptu speeches
 - Take on volunteer leadership tasks
- No instructor



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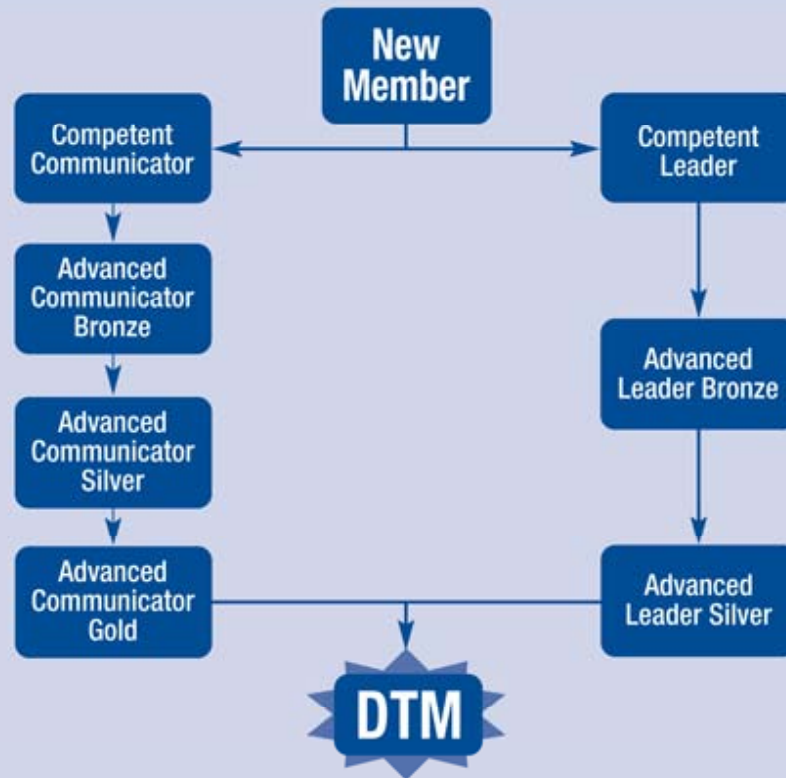
**Your potential
is limited only by
how many excuses
you have.**

A woman in a white shirt stands at the front of a room, holding a document and pointing upwards. She is addressing a group of people seated in blue chairs. Several audience members have their hands raised, indicating an interactive session. The background features a large whiteboard.

The Educational Program

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TI'S EDUCATIONAL SYSTEM



The Communication Track

You will learn:

- Speech organization
- Eye contact
- Gestures
- Use of humor
- Overall delivery



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What Comes Next?

Choose from 15 advanced manuals to learn skills related to specific interests.



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The Leadership Track



You will also learn leadership skills by:

- Serving as officers at the club level and beyond
- Fulfilling club meeting roles

What Comes Next?

- Instruction and practice in:
 - Developing a vision
 - Goal-setting and planning
 - Team-building
 - Developing plans and strategies



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**“Ours is the only
organization I know
dedicated to the
individual.”**

— Dr. Ralph C. Smedley
Founder, Toastmasters International

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Toastmasters Advantages

- Practical presentation experience
- A safe place to make mistakes
- Mentorship opportunities



Features

- A self-paced program
- Weekly interactive meetings
- Table topics
- Evaluations
- Participation in meeting roles
- Small groups
- Affordable dues
- Opportunities to conduct meetings



Benefits



- Develop critical thinking skills
- Build listening skills
- Give and receive constructive feedback
- Become more at ease in front of a group
- Learn time management skills
- Supportive environment
- Leadership development

Individual Value

- Unlimited personal growth
- Clear communication
- Self-confidence
- Positive mentoring
- Improved leadership skills
- Relationship building



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“The idea of getting in front of a group, not as Mrs. Fields but as Debbi, made my knees shake. But the Toastmasters group understood. Here’s a place where you can learn, grow, develop – and where other people are doing and feeling the same thing.”

— Debbi Fields Rose
Founder, Mrs. Field’s Cookies

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Well Known Toastmasters Alumni

Chris Matthews – Author and journalist,
Host of MSNBC's *Hardball with Chris Matthews*

Tim Allen – Actor, star of television series
Home Improvement

Tom Peters – Management expert and author

K.C. Jones – Former basketball coach for NBA team,
Boston Celtics

Linda Lingle – Governor of Hawaii

James Lovell – U.S. astronaut; missions included Apollo 13

Debbi Fields Rose – Founder, Mrs. Fields Cookies

Leonard Nimoy – Actor, Spock from T.V. series *Star Trek*

“Toastmasters is the best
and least expensive
personal improvement class
you can go to.”

— Linda Lingle,
Governor of Hawaii

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Costs

- **\$20:** New member fee (one time)

- **\$27:** Six months' membership dues
- **\$33:** Six months' club dues (pays for materials and meeting room rental)

- Total of \$60 each six months



Why is Toastmasters the Answer for You?

- Low-cost communication and leadership training
- Constructive evaluations
- Confidence building
- Network building
- Practical experience



Contact Information

- Gilbert Toastmasters
 - Web: www.Gilberttm.com
 - E-Mail: VPE@Gilberttm.com
 - Meeting Location:
 - Boys & Girls Club of the East Valley, Gilbert Branch
 - 44 N. Oak St, Gilbert AZ 85233
 - Meeting Time:
 - Thursdays, 7:00 – 8:30 pm

www.toastmasters.org

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