



Speak Up!

Club #499 Area G5 DivJojjision Gila—District 3 August 2011

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THOUGHTS FROM PRESIDENT SUE

Toastmasters allows us a great opportunity to reach out and touch the world. One of the most wonderful advantages I have found in being a Toastmaster has been meeting and actually getting to know individuals from all walks of life, from various perspectives of age, gender, origin, race, personality, belief and experience. This has allowed my own perspective and understanding grow and appreciate the diversity of those around me.

Joining Toastmasters is not only a step towards learning to speak better, it is also a step towards true communication. It would be wonderful if we were all perfect communicators once we joined but, I have found, it takes continuous practice, patience (with ourselves and others) and perseverance. One of the strategies we learn in Toastmasters is to assess our audience. Hopefully, this ability transfers over to our communication within our families, in our workplace, at church and in personal and social situations. The goal is to consider the abilities, goals and experience of those around us and match our words, voices, intentions and tone to create the best possible venue for true communication to happen. (CONT.)

Martha's Word of Wisdom:

A true measure of your worth includes all the benefits others have gained from your suc-

GREETINGS GILBERT TMs, Please welcome our 3 new members, **Jill Barber, Vincent Betancourt and Michael Sehnert.** We are excited to have them join Gilbert Toastmasters.

We are about to knock out DCP goal # 7 (4 members). The Smedley Campaign is still on! From August 1st to September 30th, Clubs gaining a minimum of five members will win the Smedley Campaign! The prizes consists of: a handsome Smedley Award ribbon for your club banner, 10% off your next Toastmasters online store purchase and five free paid registration for the next TLI sessions. Martha VPM

UPCOMING CLUB CONTEST August 25.

Humorous Speech and Evaluation Speech Contest

Think about participating. Great fun, great practice. Area contest September 1.

Remember: Mr. Desiderio who spoke to us on his way to the National Contest told us the best thing that helped him continue to improve was the speech contests.

HUMOR TO LOOK AT THE WORLD

Eagles may soar in the clouds but weasels never get sucked into jet engines.

Att. Jason Hutchinson and John Benfield

Laughter is the shortest distance between two people. Victor Borge

INTERESTING WEBSITES

Famous speeches website from Vince

http://highered.mcgraw-hill.com/sites/007256296x/student_view0/top_100_speeches_.html

Rhymezone.com find rhyming words and more

SUE'S THOUGHTS cont:

When giving feedback, whether at Toastmasters or elsewhere, consideration should be given for the receiving party. Use an informative and helpful tone, not condemning or a 'gotcha' tone or attitude when expressing feedback. Everyone is different and perceives feedback differently. For example, one Toastmaster may be working on nuances on their presentations and is ready for any and all feedback they receive. On the other hand, another Toastmaster may need more 'kid glove' treatment with more encouragement and any extra 'suggestions' given aside personally. Especially with feedback the 'audience' needs to be assessed. Since none of us are perfect, we can feel or cause 'hurts' unintentionally. It is therefore imperative that a forgiving attitude is developed. Do not allow hurt feelings to get in the way of your goals, dreams and aspirations. Remember that the feedback is just one person's opinion. Be a duck, allowing the 'water' to flow over you without touching you.

Consider Toastmasters as your chance to take a train ride around the world. En-

joy the commuters. Enjoy the scenery. Ignore the bumps. Learn and grow through experience and communication. Share the joy with others and most importantly, enjoy the ride. -Sue Lucy



The International Meeting of Toastmasters is nearby in Las Vegas this weekend. Check your webmail. You can listen to the speech contests live streaming Saturday morning.

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GOOD THOUGHT: Never regret your past. Rather, embrace it as the teacher that it is.” -*excerpt from “The Monk Who Sold His Ferrari” by Robin Sharma*

Watch for new **TOASTMASTER** emblem

Toastmasters is introducing a new emblem at the conference this weekend. Watch for it!

WORD OF THE DAY;

FRAUGHT– adj. filled with or laden with. Showing or producing anxiety

SPINSTER– a woman who has never been married

SYNERGY-combined action or functioning

Humor is, I think, the subtlest and chanciest of literary forms. It is surely not accidental that there are a thousand novelists, essayists, poets or journalists for each humorist. It is a long, long time between James Thurbers. ~Leo Rosten

Special quotes heard at the meetings:

After last week’s meeting someone commented; we should acknowledge the worldwide connection of our club: Tonight a guest from Saudi Arabia, a returnee to the states from China who was a Toastmaster in China, and functionaries from India and Poland! What an opportunity for learning and sharing at the Gilbert Toastmaster Club!